

# Code of Conduct



For  
Interscholastic  
Athletes

---



**East Greenbush  
Central School District**

WELCOME TO  
**COLUMBIA HIGH SCHOOL**

WHERE  
**SPORTSMANSHIP**

IS AN  
**EXPECTATION**

SO PLEASE  
LET THE  
PLAYERS PLAY,  
LET THE  
COACHES COACH,  
LET THE  
OFFICIALS OFFICIATE

AND  
LET THE SPECTATORS BE SUPPORTIVE

<b>Page</b>	<b>Content</b>
1	Letter to Parents and Students
2	Board of Education Purpose and Intent
3-4	Section I Athletic Philosophy
5	Section II Academic Standards
6	Section III Coaches Commitment
7-11	Section IV Administration of This Code Team Standards/Expectations Team Standards/Violations Team Standards/Consequences Chain of Command
12	Section V Citizenship/Respect
13	Section VI Health and Safety
14	Section VII Transportation Acknowledgment and Authorization Form
15	Section VIII Sportsmanship Behavior Guideline for all Spectators
16	Section IX Agreement of Students, Parent/Guardian(s) to Comply with Code
17	Section X Communication & Information
18	Section XI Directions
19	Signature Agreement to Comply with the Code of Conduct for Interscholastic Athletes

Dear Parents and Students:

This handbook is presented to you because your son or daughter has indicated a desire to participate in interscholastic athletics and you have expressed your willingness to permit him/her to compete. Your family interest in this phase of our school program is gratifying. We believe that participation in sports provides a wealth of opportunities and experiences which assist students in their education and preparation for life.

We are concerned with the educational development of students through athletics. We believe that a purposely controlled, well organized sports program meets the students' need for self expression, mental alertness, and physical growth. It is our intent to maintain a program that is sound in purpose and will further each student's educational maturity.

When your son/daughter signs up for one of our sports programs, we feel that they and you have committed to certain responsibilities and obligations. This handbook will acquaint you with some of the specific policies that are necessary for a well organized program of athletics.

The athletic program is governed by the regulations established by the Commissioner of Education's Code for extra-curricular athletic activities.

Columbia High School is a member of the New York State Athletic Association, competing as a Class AA School in Section II. Our league affiliation is with the Suburban Scholastic Council.

It is the role of the Department of Athletics to make rules that govern the spirit of competition for the community. These rules rely on broad-based community support which can only be achieved through communication with parents. It is our hope to accomplish this objective by providing you and your son/daughter with this athletic handbook.

If there is anything I can do to make your participation a better learning experience, please feel free to contact my office at Columbia High School, 207-2080 ext. 3 or 207-2000.

Sincerely,

Michael G. Leonard, Director  
Athletic Department

**Blue Devil Pride**

## **Board of Education Purpose and Intent.**

The Board of Education of the East Greenbush Central School District declares its full concurrence with and support for the principles and provisions of this Code of Conduct for Interscholastic Athletes of the East Greenbush Central School District. The Board pledges its full support to the administration, teachers and staff of the School District in their fair and consistent enforcement of this Code and requests that parents and guardians of students do the same.

The objective of the School District is to assist each student in the realization of his/her full potential.

Student participation in interscholastic athletics is an elective activity. Each student who attempts to become a member of an interscholastic team or who becomes a member of one will be held to a high standard of conduct and must accept responsibility for his/her behavior. Our teams represent the school district and reflect upon the communities it serves.

This Code applies to all members of our modified, freshman, junior varsity and varsity teams at all times.

### Board Of Education Members:

Catherine Graziano  
President

Marie Curley  
Vice-President

Michael Angelo

Karen Curran

JoAnn Hart

Michelle LeClair

Mark Mann

John Sullivan

Dr. Raymond H. Werking Jr.

# **EAST GREENBUSH CENTRAL SCHOOL DISTRICT**

## **Athletic Programs and Philosophy**

### **Section I - Athletic Philosophy**

The athletic programs of the East Greenbush Central School District are an extension of our academic program. Student participation on an athletic team is a privilege that is extended to a student who has met athletic eligibility and other criteria in order to represent the School District in athletic competition. Student athletes will be expected to maintain appropriate academic standards while participating in our programs. Coaches will monitor the academic progress of our student athletes throughout each season. The purpose of the athletic program of the East Greenbush Central School District is to develop life long skills for students in character, leadership, respect for all teammates and sportsmanship. We will achieve this through programs that are competitive within the Suburban Council and regional play by providing students opportunities to successfully compete at selected levels of play. Students are encouraged to participate in our programs and will receive support to stay with our teams from all coaches and Physical Education staff.

#### **A. Modified Programs**

The modified programs are, by nature, developmental skills programs for students entering school athletic programs. The primary focus of the program is to introduce students to team play and to develop skills for the sport selected. The goal is to encourage full participation by all students. A philosophy of maximizing student participation is encouraged. The modified program promotes a strong emphasis on developing skills, encouraging success and establishing a positive learning experience for each student. In addition to building relationships with students, the program requires developing a support structure with parents in: sportsmanship, team dynamics, academics and character. Student skill development, teamwork and personal character are as important than winning or losing at this level.

#### **B. Freshman Programs**

The freshman program is an extension of the modified program with increased focus on skill development and team structure. The level of competition increases at this level and students demonstrating stronger skills are given more playing time. Selection of teams may require minimal cuts for team selection. Team size and selection may be restricted by space, coaching availability and game structure. All students will participate in all practice and game opportunities based upon fair and consistent coaching criteria.

The freshman level experience will continue to focus on skill development, sportsmanship and team relations. Evaluation of student skills and abilities need to be clearly identified and assessed by the coaching staff. Open communications with each student regarding growth and development in the sport will be encouraged and shared with the students and upon request with parent(s). Student skill development, teamwork and personal character are as important than winning or losing at this level.

#### **C. Junior Varsity Programs**

The junior varsity level of play stresses a more competitive athletic program. Students at this level will be selected based on increased athletic ability by demonstrating higher level of skill, game awareness, sport knowledge, competitiveness, sportsmanship, team structure, individual character and academics.

**Blue Devil Pride**

## **Section I - Athletic Philosophy (cont'd)**

### **C. Junior Varsity Programs (cont'd)**

The students selected for the junior varsity program are being prepared for the varsity level. The junior varsity program team is selected with cuts based on criteria for this level including successful student competition and safety. Coaches determine the playing time for students based on ability, skills, sportsmanship and team goals.

Student athletes need to understand their own skills, abilities and how they fit into the team structure. Upon request, coaches will keep students and parents informed of each student's abilities and fit within the team. The coach will keep parents and students informed of the district's program philosophy, selection process and realistic expectations for participation at this level of play. The opportunity to participate and play can change at any time and all students are encouraged to stay with a team and program.

### **D. Varsity Programs**

The varsity program is the most competitive of team play at the high school level. Team selection is based on the student's skills and abilities to create a successful competitive experience for the team and growth potential for the individual as an athlete. Team selection is based on athletic ability, sportsmanship, game awareness and knowledge, individual growth, commitment to team and character.

The varsity athlete must also demonstrate the following characteristics: strong academic appreciation, high level of character, commitment to personal growth and team development. A realistic understanding of the individual players' skills as a contributor to the team and program is also essential to successful competition at the varsity level.

The coaches at the varsity level select teams based on student skills, abilities and team dynamics. The process is selective and may require cuts to select the best athletes for participation. The assessment of students for team selection will be fair and supported by criteria for team membership. Clear expectations regarding District programs, team goals and team selection will be shared openly with students, parents and community youth groups. The selection process will be based on school participation/experience and not necessarily on youth/community program experience. Playing time for varsity level programs is based on coaching judgment with a focus on the students' skills, ability, teamwork and character. Coaches determine athlete's playing time based on game conditions and competitiveness of the team.

## **Section II - Academic Standards**

1. Participation in interscholastic athletics should have a positive effect on student academic performance. The primary objective of all academic and extracurricular programs of the School District is to provide a variety of successful educational opportunities and experiences to students.
2. All students, including those participating in extracurricular activities are expected to maintain academic excellence as their top priority. If academic performance is below an acceptable level it is the responsibility of parents or guardians to determine whether a student should participate in interscholastic athletics.

**The School Administration shall consult with parents / guardians, the Athletic Director and appropriate Guidance and Coaching staff to determine whether student participation in interscholastic athletics should be modified to address academic performance.**

## **Section III - Coaching Commitment**

### **Responsibilities of the Coach**

The primary responsibility of the coach is to properly educate students throughout their participation in interscholastic competition. The coach can also be expected to:

1. promote and demonstrate good sportsmanship and ethical behavior as each relates to players, opponents, officials, parents and spectators.
2. listen to player and parent concerns, issues and problems and address them in a professional manner.
3. demonstrate respect and concern for the welfare of all athletes.
4. develop team spirit and unity of purpose.
5. provide supervision at all times.
6. communicate to all players, parents, and the athletic director practice and game schedules, training rules and expectations.
7. instill confidence in athletes in an effort to provide them with the support and encouragement needed to reach their maximum potential.
8. maintain player and team discipline.
9. enforce to the letter and without exception the Athletic Code of Conduct, as well as all school, league, section and state rules and policies.
10. develop a style of play; including offensive and defensive philosophies.
11. provide instruction during all practice sessions.
12. treat all players fairly and consistently.

## Section IV - Administration of This Code

EXPECTATIONS	VIOLATIONS	CONSEQUENCES
The student-athlete will be respectful of all coaches, teammates, opponents, officials, teachers, other students and guests of the school.	Disrespectful behavior by student-athlete toward coaches, teammates, opponents, officials, teachers, other students, and guests of the school. This may include, but is not limited to, ejection from a contest.	One (1) contest suspension following infraction may be determined by Principal and/or Assistant Principal, Athletic Director and Coach.  Subsequent infractions may result in additional disciplinary action.
The student-athlete will arrive at school on time each day.	Unexcused arrival to school by student-athlete after 9:15AM.	Ineligible for practice or contest that day/evening.
The student-athlete will attend all scheduled practices, contests, team meetings and all pre-and post-season contests.	Unexcused absence by student-athlete from scheduled practices, contests and team meetings.	One (1) contest suspension following infraction.
The student-athlete will properly care for the team uniform, all team equipment, school facilities and bus equipment.	Misuse or intentional damage to team uniform, team equipment or school facility by student-athlete.	One (1) contest suspension following infraction, and restitution for damaged equipment and/or uniform.
The student-athlete will ride district transportation to and from all away contests unless a note signed by parent/guardian is approved by a coach or Athletic Director. Student-athletes will not transport other student-athletes to or from contests.	Student-athlete uses non-district transportation to or from an away contest or transports other student-athletes to an away contest, without prior approval.	One (1) contest suspension following infraction.
The student-athlete will obey the school's Code-Of-Conduct.	<p>A) Student-athlete behaves in such a way that the result is an in-school suspension.</p> <p>B) Student-athlete behaves in such a way (other than behavior specified elsewhere in the Athletic Code of Conduct) that the result is an out-of-school suspension.</p>	<p>A) One (1) contest suspension following first infraction resulting in in-school suspension; 20% of contests for second in-school suspension. Suspension is based on the 20% allowable contests per student-athlete's sport season(s).</p> <p><b>(If 20% is not covered in that sport season, it will be carried over to the athlete's next sport season or year)</b></p> <p>B) Suspension from 20% of contests following first infraction resulting in out-of-school suspension; 40% of contests following second out-of-school suspension.</p> <p>(NOTE: In no case shall a student athlete be permitted to participate in a contest on the day of in-school or out-of-school suspension)</p>

**Section IV - Administration of This Code** (cont'd)

EXPECTATIONS	VIOLATIONS	CONSEQUENCES
<p>The student-athlete will abstain from using alcohol, tobacco products, and illegal drugs/substances and from the use/misuse of legal or illegal performance enhancing drugs. A student-athlete will not possess, sell or distribute any harmful, illegal or unauthorized prescription drugs/substances, alcohol, tobacco products or performance enhancing drugs. This expectation applies both, in and out of sports season. (For example; behavior at the Homecoming Dance is included even if you are not playing a Fall sport; the suspension carries over to the student/athletes next sport season).</p>	<p>Student-athlete uses alcohol, tobacco products, illegal drugs/substances, or legal or illegal performance enhancing drugs.</p> <p>Providing/hosting a venue, facility, or place where a student/athlete provides alcohol, drugs, marijuana or other controlled substances.</p>	<p>First offense: suspension from 50% of maximum contests allowed per that sport season. If student/athlete does not serve the entire suspension, it carries over to the next sport season.</p> <p>Student-athlete may be suspended from participation in athletics for 100% of current sport season. If student-athlete does not serve the entire suspension, the remainder carries over to the next sport season for that athlete.</p>
<p>A student-athlete shall not attend or remain at any gathering at which possession and/or use of harmful or illegal substances, such as alcohol, by other students is taking place. A student-athlete shall make every reasonable effort to safely remove him-/herself from the situation as soon as possible. An example of such a gathering, but not limited to, are underage alcohol parties/gatherings.</p>	<p>A student-athlete attends a gathering (e.g., party) where possession and/or use of a harmful or illegal substance by another student is taking place.</p>	<p>Suspension from one (1) and up to 20% of the maximum allowable contests. The suspension shall be determined by the Athletic Director, Principal, Assistant Principal and/or Coach.</p> <p><b>Note: If it is determined that the student-athlete safely removed him/herself from the situation as soon as possible, consequences may be reduced or not imposed at all.</b></p>
<p>The student-athlete will obey all local, state and federal laws.</p>	<p>If the student-athlete is in violation of any local, state or federal law.</p>	<p>If the District has a reasonable basis to conclude that the student-athlete has violated a local, state or federal law (reasonable basis may include but not be limited to, information obtained from police reports, discussions with law enforcement personnel, discussions with witnesses or other sources) then the District's Athletic Director will have an independent reasonable basis to proceed with a conference with the student-athlete and his or her parent and the coach prior to determining whether a suspension should be imposed. Determination of suspension will be made by the Principal, Assistant Principal, Athletic Director and/or Coach. If it is determined that the student-athlete is in violation of a local, state or federal law, consequences may range from a 20% loss of contest participation to loss of contest privileges for the remainder of the school year. (Fall, Winter and Spring athletic seasons).</p>

**Section IV - Administration of This Code** (cont'd)

EXPECTATIONS	VIOLATIONS	CONSEQUENCES
The student-athlete will begin and complete the commitment to the team.	Student-athlete quits the team.	The student-athlete will have an exit interview with the Athletic Director and/or Coach.
A student-athlete shall demonstrate respectful behavior out-of-school and/or in the community.	A student-athlete demonstrates disrespectful behavior out-of-school and/or in the community.	Suspension from no less than one (1) and up to 50% of the maximum allowable contests. The suspension shall be determined by the Athletic Director, Principal, Assistant Principal and/or Coach.
Coaches may and will be encouraged to have sport specific team handbook rules, expectations and guidelines. Student-athletes must abide by the team handbook.	In the event that a coach/team has a handbook, the students must abide by the team handbook.	Coach will consult with Athletic Director in reference to rule, violation and disciplinary consequence.  All team handbooks are to be approved by the Athletic Director.

## **Section IV - Administration of This Code**

- 1) A violation of Section III of this Code will result in disciplinary action outlined from Team Standards Expectations, Violations and Consequences
- 2) Upon receipt of information, or upon having knowledge of or a reasonable belief or suspicion of a violation of Section III of this Code, a Coach or other School District employee shall immediately bring such matter to the attention of the Athletic Director. The Athletic Director shall immediately notify the school Principal.
- 3) Upon such notification, the Athletic Director shall immediately schedule a conference to be conducted with the Coach, the student and his/her parent(s) or guardian(s), for the purpose of determining whether a infraction of this Code has occurred.
- 4) Upon reaching a determination as to the whether a violation has occurred, the Athletic Director shall immediately notify the Principal in writing of such finding and the reasons therefore. If it is determined that a violation has occurred, the Principal shall assess the appropriate penalty and provide written notification of such to the student, the parent(s) or guardian(s), the Coach and the Athletic Director.
- 5) Parents wishing to appeal such decisions and disciplinary action may do so by application to the Athletic Director who shall decide such appeals at his/her discretion. The Athletic Director will render a decision on such appeals after investigation and consultation with all involved parties.

### **COMMUNICATION PROCESS - CHAIN OF COMMAND**

As students become involved in the East Greenbush Central School District athletic programs, they will be provided with the opportunities to experience some of the most rewarding moments of their lives. It is important to understand that there may also be times when things do not go the way a player or parent/guardian might have hoped. When such situations arise, communication between coach and player/parent/guardian becomes extremely important, and all are required to follow the Chain of Command in an effort to reach an acceptable resolution:

1. As a first step in addressing a concern, the player is expected to be his/her own advocate and speak directly with the coach.
2. If the player's concern is not resolved to his/her satisfaction, the parent/guardian may make arrangements to meet with the coach.
3. In the event that an acceptable understanding can not be reached with the coach, the parent/guardian may contact the Athletic Director for further discussion and/or investigation.
4. If the resulting decision is still not acceptable, the parent/guardian has the right to appeal to the Building Principal.

Some examples of topics appropriate to be discussed with the coach include, but not limited to:

- Player's role on the team
- Treatment of your son/daughter
- How the player might improve his/her skills
- Players behavior/attitude
- Discipline that results in the denial of a player's participation

## **Section IV - Administration of This Code (cont'd)**

### **COMMUNICATION PROCESS - CHAIN OF COMMAND**

Assuming the Chain of Command has been followed to this point, the parent/guardian should make an appointment to speak with the coach at a mutually agreed upon time.

Please do not confront a coach before or after a contest or practice. These can be emotional times for both the parent/guardian and the coach, and meetings of this nature do not promote solutions.

## **Section V – Citizenship/Respect**

1. Students serving a penalty of suspension from class or school for any reason shall not be eligible to participate in interscholastic athletic contests during the period of suspension or the contest immediately following such suspension, whichever ever occurs first.
2. Repeated suspensions from class, school or participation in interscholastic athletics shall result in suspension from participation in the interscholastic athletic program for a period of up to one (1) year, at the sole discretion of the School Principal after appropriate consultation with the Coach, Athletic Director and parent(s) or guardian(s) of the student. Parent(s) or guardian(s) wishing to appeal such decisions may do so by application to the Superintendent of Schools.
3. Students formally charged with a criminal act shall not be allowed to participate in any interscholastic contest. Students convicted of a crime shall be immediately suspended from participation in interscholastic athletics for a mandatory period of one (1) calendar year.

## **Section VI - Health and Safety**

1. Participation in interscholastic athletics can result in injuries ranging from minor scrapes or bruises to trauma, fractures, paralysis, concussions or other serious injury that can lead to permanent disability or death.
2. The School District attempts to provide safe conditions for participation in interscholastic athletics. Coaches are required to have first aid and CPR/AED certification. The School District employs a full-time certified trainer who is available at Columbia High School.
3. Students who participate in interscholastic athletics and their parents or guardians have a responsibility to notify coaches or the Athletic Director of any hazardous condition known to them involving athletic fields, gymnasiums, equipment or other facilities.
4. Parent/guardian(s) of students injured as a result of participation in interscholastic athletics must notify the school Health Office immediately.
5. The School District provides supplemental health and accident insurance coverage. All claims for expenses related to such injuries must be filed with the student's family health insurer(s), who shall be primarily responsible.
6. If such a claim is not paid in full, the remainder may be submitted to the School District Plan which limits payment to a pre-determined fee schedule and may not provide full reimbursement. Parents/guardians are urged to file timely accident reports and to follow directions for filing insurance claims. Failure to do so may effect rights to reimbursement.
7. Upon return to the interscholastic athletic program from an injury, a student must submit a written release from a physician to the school Health Office and must be certified for participation by a designated school physician.

## ***Section VII - Transportation Acknowledgment and Authorization Form***

All student-athletes will be transported to and from athletic practices and contests in vehicles provided by the East Greenbush Central School District. However, there may be times when it is necessary for a parent/guardian to transport his/her student-athlete to or from a practice or contest. The parent/guardian must complete and sign a **Transportation Acknowledgment and Authorization Form** and provide it to the coach before transport may occur. At no time may a student-athlete transport him/herself or any other students to or from an "away" practice or contest. The student-athlete may travel ONLY with his/her parent/guardian. A parent/guardian may sign out and transport ONLY his/her student-athlete. The **Transportation Acknowledgment and Authorization Form** can be obtained from the coaches and the Athletics website under "Athletic Forms".



## **Section VIII - Sportmanship Behavior Code for all Spectators**

### EAST GREENBUSH CENTRAL SCHOOL DISTRICT

#### SPORTSMANSHIP & BEHAVIOR

#### GUIDELINES

#### FOR ALL SPECTATORS

1. Spectators are an important part of the athletic programs and are encouraged to conform to accepted standards of good sportmanship and behavior.
2. Spectators should at all times: respect officials, visiting coaches, players and school administrators as guests in the community and extend all courtesies to them.
3. Verbal abuse of athletes or officials by team members or spectators shall be considered unsportsmanlike conduct.
4. Enthusiastic cheering for one's team is strongly encouraged.
5. Booing, whistling, stamping of feet and disrespectful remarks shall be avoided.
6. Spectators should encourage each other to observe courteous behavior. Improper behavior should be reported to school authorities.
7. Spectators will observe the rules of the local school concerning smoking, food & drink consumption, littering, substance abuse, and parking procedures.
8. Spectators will respect and obey all identified school officials and supervisors at athletic contests.

Any spectator who demonstrates poor sportmanship will be requested to leave and may be denied admission to future contests.

## **Section IX - Agreement of Students, Parent/Guardian(s) to Comply with Code**

As a condition precedent for participation in interscholastic athletics, students and their parent/guardians must sign the agreement to comply with the provisions of this Code as prescribed below and submit it to the team coach.

**The school community realizes that in order for this Code to be adhered to, students must believe in it and discipline themselves to comply with it. Students must be willing to make personal sacrifices for the team to which they have committed themselves. All members of a team are expected to help each other adhere to this Code. Parent/guardian(s) have a responsibility to their children and are asked to support their son or daughter in complying with this Code. Parent/guardian(s) are expected to notify the coach or Athletic Director of any infraction of this Code.**

## Section X - Communication/ Information

TO GET UP TO DATE GAME SCHEDULES, CHANGES,  
CANCELLATIONS OR DIRECTIONS CHOSE ONE OF  
THE FOLLOWING OPTIONS.

CALL [518-207-2080 ext. 1](tel:518-207-2080)

OR

VISIT OUR WEBSITE AT [www.egcsd.org](http://www.egcsd.org)  
AND CLICK ON ATHLETICS

OR

GO TO [www.highschoolsports.net](http://www.highschoolsports.net), AND  
FOLLOW DIRECTIONS

Athletic forms can be downloaded from the Athletics website:

- Go [www.egcsd.org](http://www.egcsd.org)
- Click on Athletics
- Click on Athletic Forms

**Blue Devil Pride**

## Section XI - Directions

The majority of our Interscholastic Athletic programs are played within the Suburban Scholastic Council; although some sports play against schools from other leagues. The directions that follow are to the high schools with the S.S.C. Remember that all games are not played at our opponents' high school. Please check with our athletic office or call the opposing school for specific directions.

### **AVERILL PARK HIGH SCHOOL**

**674-7000 Ext. 2500**

Take I-90 East to Exit 8 and follow Route 43 East. Go 7 to 8 miles to West Sand Lake and look for a Mobil Station on the left. Stay on Route 43 and go about 1 ½ miles and the school will be on your left.

### **BALLSTON SPA HIGH SCHOOL**

**884-7150 Ext. 2372**

Take I-90 West to I-787 North to NY-7 West take exit 9W to Schenectady I-87 Saratoga Springs, merge onto I-87 North toward Saratoga Springs/Glens Falls, take Exit 12 - Rt 67 exit towards Ballston Spa/Malta, turn left onto Dunning St. NY-67, continue on NY-67 onto Ballston Avenue to high school.

### **BETHLEHEM HIGH SCHOOL**

**439-4921 Ext. 22114**

787 South to Thruway Exit 23, 9W South to Rt. 32 South, right onto Elm Avenue, left onto Delaware Avenue, high school on left.

### **BURNT HILLS-BALLSTON LAKE HIGH SCHOOL**

**399-9141 Ext. 33307**

Northway to Exit 9 West to Rt. 146, take right onto Rt. 146A, five miles to the village of Ballston Lake, at the flashing light take a left onto Lakehill Road, the high school is about one mile on the right.

### **COLONIE CENTRAL HIGH SCHOOL**

**459-1220 Ext. 516**

Northway to Exit 2E (Albany) right on Central Avenue, take your first left past Colonie Center, onto Hackett Avenue high school at end

### **GUILDERLAND HIGH SCHOOL**

**861-8591 Ext. 4000**

I-90 to Exit 2 (Fuller Road) take a left, to end of Fuller Road (Styvesant Plaza) at light take a right onto Western Avenue, left onto Rt. 146 South, to end of road, take left (Getty Station) high school will be on left.

### **MOHONASEN HIGH SCHOOL**

**356-8270**

Thruway to Exit 25 (Schenectady) just beyond the overpass, take Exit Rt. 7 (Curry Road), the high school complex is on the left.

### **NISKAYUNA HIGH SCHOOL**

**382-2531**

Northway to Exit 6 (toward Schenectady) to Balltown Road (about 8 miles) right onto Balltown Road (Rt. 146) past WRGB Studio and traffic light the high school on the right.

### **SARATOGA HIGH SCHOOL**

**587-6690**

Northway to Exit 13N, take your first left after Spac, go two blocks until you have to turn and take a right, the fields are on your right.

### **SHAKER HIGH SCHOOL**

**785-4740 Ext. 3351**

Northway to Exit 5 to Rt. 155, take a left and cross Rt. 9, go about one mile, the high school is on the left.

### **SHENENDEHOWA HIGH SCHOOL**

**881-0390**

Northway to Exit 9, take a left onto Rt. 146 toward Rexford, pass Clifton Country Mall, left onto Moe Road, take your next right (church on corner) high school on your right.