

GRADE 6-8

Menu subject to change

EAST GREENBUSH CENTRAL SCHOOLS

MENU February 2010

\*Type A lunch includes low fat chocolate OR 1% milk. Yogurt, peanut butter and jelly sandwich available daily.

\*\*Breakfast includes milk. A variety of cold cereals are offered.

Fresh fruit is available daily.

Milk .50 / Juice .50 / Ice cream .85

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|---|---|--|---|
| 1)Chicken patty on a bun<br>w/lettuce & tomato<br>OR tuna salad sandwich<br>Chicken w/rice soup/crackers<br>Chilled fruit cocktail | 2)Beef a Roni<br>w/fresh baked bread stick<br>OR turkey w/lettuce sandwich<br>Tossed salad w/dressing/crackers<br>Chilled pineapple tidbits | 3)Bacon cheeseburger on a bun<br>OR bologna & cheese sandwich<br>Buttered green beans<br>Potato nuggets<br>Chilled mandarin oranges | 4)Chicken nuggets w/bread<br>OR egg salad sandwich<br>Broccoli florets w/ranch dip<br>Chilled applesauce                 | 5)Stuffed crust pizza w/pepperoni<br>OR ham & cheese sandwich<br>Minestrone soup w/crackers<br>Chilled sliced peaches |
| 8)Hot dogs(2) on a bun<br>w/meat sauce<br>OR tuna salad sandwich<br>Buttered corn<br>Chilled sliced pears                          | 9)Mozzarella sticks w/tomato sauce<br>OR turkey w/lettuce sandwich<br>Tossed salad w/dressing/crackers<br>Chilled applesauce                | 10)Taco salad w/lettuce,<br>tomato & cheese<br>OR bologna & cheese sandwich<br>Buttered peas<br>Chilled sliced peaches              | 11)Chicken nuggets w/rice<br>OR egg salad sandwich<br>Buttered green beans<br>Chilled pineapple tidbits                  | 12)Stuffed crust pizza<br>OR ham & cheese sandwich<br>Buttered mixed vegetables<br>Chilled fruit cocktail             |
| 15)  | 16)   | 17)   | 18)  | 19)   |
| *****Winter Recess*****  |   |   |  |   |
| 22)Chicken patty parm on a bun<br>OR tuna salad sandwich<br>Tossed salad w/dressing/crackers<br>Chilled sliced pears               | 23)Grilled cheese sandwich<br>OR turkey w/lettuce sandwich<br>Tomato soup w/crackers<br>Potato chips<br>Chilled sliced peaches              | 24)Hamburger/cheeseburger on a bun<br>OR bologna & cheese sandwich<br>Buttered corn<br>Potato nuggets<br>Chilled applesauce         | 25)Turkey w/gravy<br>OR egg salad sandwich<br>Whipped potatoes w/gravy<br>Buttered green beans<br>Chilled fruit cocktail | 26)French bread pizza w/pepperoni<br>OR ham & cheese sandwich<br>Fresh baby carrots<br>Chilled pineapple tidbits      |

**PRICE INCREASE EFFECTIVE JANUARY 1, 2010**

6-8 breakfast **\$1.25**

6-8 lunch **\$2.50**

Reduced meals - breakfast price \$.25 / lunch price \$.25

**Alternative Lunch for \$2.50**

**Fresh salad w/choice of topping & dressing  
Vegetable and fruit of the day  
Milk**